

Available Everyday

Sandwich Prices as Marked-

For "Toasted" +30c

For "Rolls or Wraps" +70c

For "Gluten Free Bread" + \$1

G-Vegemite		\$2.00	G-Vegemite and Cheese	\$2.30	
G-Ham/Chicken and Cheese		\$3.30	G-Cheese and Tomato	\$2.60	
G-Ham/Chicken, Cheese, Tomato		\$3.50	G-Egg	\$2.60	
G-Ham/Chicken, Cheese, Pineapple		\$3.50	G-Egg and Salad	\$3.00	
G-Ham/Chicken and Salad		\$4.30	G-Curried Egg	\$2.80	
			G-Curried Egg and Salad	\$3.20	
G-Bruschetta with Tomato, Basil and Fetta				\$4.50	
G-Mediterranean Toasted Focaccia-Salami, Ham, Eggplant, Sundried Tomato, Cheese, Avocado, Tomato, Spanish Onion and Aioli				\$7.00	
(Avocado, Egg, etc - Extras 50c each)					
G-Salad Plate	Sm	\$4.00	Lge	\$6.00	
G-Salad Plate with Egg	Sm	\$4.30	Lge	\$6.30	
G-Salad Plate with Meat	Sm	\$4.50	Lge	\$6.50	
G-Chicken Caesar Salad	Sm	\$5.00	Lge	\$7.00	
G-Seasonal Fruit Salad		\$4.00			
G-Omelette and Salad		\$4.50			
G-Rice Paper Rolls (GF)	Sm	\$5.00	Lge	\$8.00	
G-Sushi (GF)	Sm	\$5.00	Lge	\$8.00	
G-Chicken and Corn Soup		\$4.00	with a Roll	\$5.00	
G-Nuggets and Salad	3-	\$3.00	4-\$4.00	5-\$5.00	6 - \$6.00

(Gluten Free Nuggets Available For \$1 extra per serve)

(Mayonnaise, Tomato, Sweet Chili or BBQ Sauce 50c)

Daily Special

Items Marked * * available as 1/2 Serves for \$3.00

Mouthwatering Monday \$4.50

G-Ham and Pineapple Pizza**

G-Baked Vegetable Slice with Salad (GF) (V)

G-Crumbed Chicken Burger with Salad

Tempting Tuesday \$4.50

G-Curried Chicken and Rice

G-Kebabs**

G-Stirfry Noodles

Wonderful Wednesday \$4.50

G-Fried Rice (GF) (LF) (V)

A-Hotdog with Tomato Sauce**

G-Chicken Tender with Lettuce, Carrot and Tomato

Tantalizing Thursday \$4.50

G-Hamburger with Cheese and Salad

G-Hot Chicken & Mayo Roll **

G-Spaghetti Bolognese

A-Tuna Bake

Fantastic Friday From \$1.50

A-Party Pies max 3 \$1.50ea

A-Meat Pie \$4.00

A-Sausage Roll \$3.00

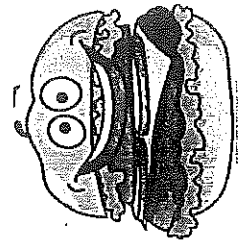
A-Chiko Roll \$3.00

A-Popcorn Chicken \$4.50

MEAL DEAL Add \$2.00

Turn any item into a Meal Deal

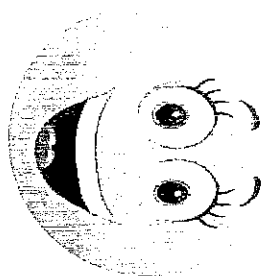
and receive a water and a piece of fruit



A selection available

before School and Recess

G-Pikelets	30c	
A-Muffins	\$1.00	
A-Brownies (GF)	\$1.00	
A-Biscuits	60c	
G-Cheesies	70c	
G-Ham Cheese Wrap	\$1.50	
G-Popcorn (GF)	Sm 20c	Lge 50c
A-Pinwheels	50c	
A-Ajita Vegi Chips (GF)	\$1.50	
G-Fruit	\$1.00	
G-Milo Hot/ Cold	\$2.50	
A-Hash Browns	\$1.00	
G-Yoghurt	\$2.50	

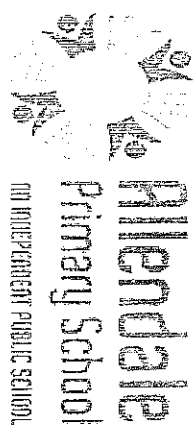
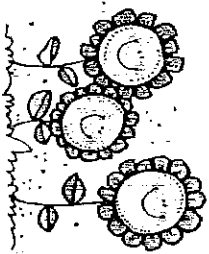


Drinks

A-Juice Boxes		\$1.70
G-Flavoured Milk		\$2.40
G-Plain milk	\$2.00 with Sippah Straw	\$2.40
G-Up and Go		\$2.50
A-Chill J		\$2.50
G-Water		\$1.50

Ice creams after Lunch

A-Slushies	Sm \$1.00	Lge \$2.00
A-Bulla cup (GF)		\$1.50
A-Fruit Stix		\$1.00
A-Scooby Doo		\$1.50
A-Yowie		\$3.00



Allendale Primary School

P&C Association

"The Taste Barn"

CANTEEN

MENU

TERM 3 2017

The canteen is open Monday to Friday from 8:15am.

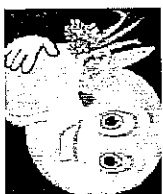
Please place all lunch orders at the front counter only.

We are an allergy aware canteen.

The canteen is always looking for volunteers and any donations.

If you are able to support the canteen in any way please contact

Darienne — 99214937.



Allendale Primary canteen strives to offer students and staff nutritious foods that comply with the Government regulations under the traffic light system. Please take note of the coloured letters against each menu item.

Green = Always available - Choose most of these

Amber = Select items Carefully